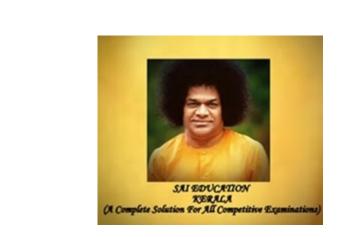


Total points 25/25

Topic: Vitamines and Nutrients

0 of 0 points



Name of the Candidate *

M5

Place of the candidate *

WHATS APP NUMBER (JOINED IN SAI EDUCATION ONLINE COAPLATFORM GROUP) *	ACHING	
Please watch the following videos and answer the following questions	25 of 25 points	
https://youtu.be/XJrzZ3o4KOM https://youtu.be/Dgiewj6_jfc		
1. Vitamins are discovered by *		1/1
Felics Hopman		
Frederick hopking		✓
Casimir Funk		
Calr Linneaus		
2. The term "Vitamin" is coined by *		1/1
Frederick hopking		
Carl Linnaeus		
Casimir funk		✓

Frederick Nicolson	
✓ 3. Water Soluble vitamins are *	1/1
Vitamin A,D	
Vitamin B,C	✓
Vitamin E,H	
Vitamin K,F	
4. Vitamins are also called as *	1/1
Enzymes	
Co-enzymes	✓
Co-Proteins	
Minerals	
5. Deficiency of Vitamin A2 leads to *	1/1
Osteomalesia	
Night Blindness	
O Beriberi	
Xerophthalmia	./

✓ 6. Pigment known as Pro-vitamin A *	1/1
Antho sayanin	
Carotine	
Beeta carotine	✓
Alpha carotine	
✓ 7. Anti Cancer Vitamin *	1/1
Vitamin C	✓
Vitamin E	
Vitamin D	
Vitamin A	
✓ 8. Which vitamin is excreted through urine *	1/1
Vitamin A	
Vitamin B	
Vitamin C	/

O Vitamin D

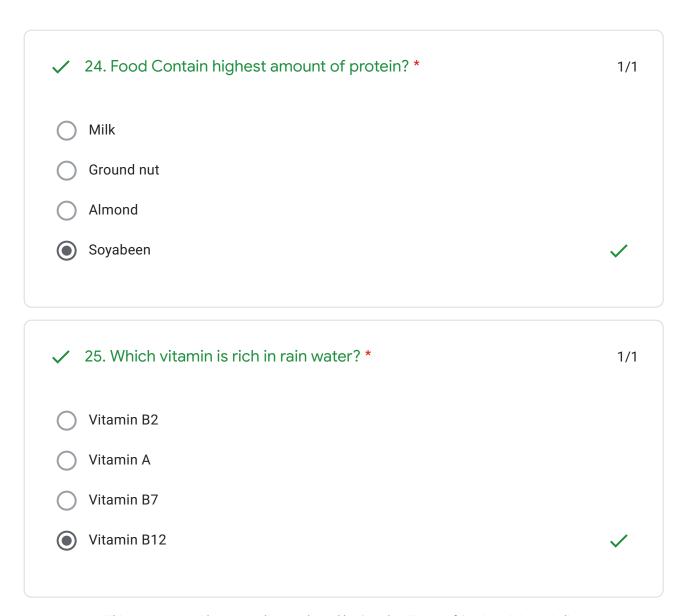
9. Scientific name of vitamin D *	1/1
Tocoferol	
Calciferol	~
Ascorbic acid	
Abscisic acid	
10. Which vitamin is known as Sunshine vitamin *	1/1
Vitamin B2	
Vitamin A	
Vitamin C	
Vitamin D	✓
✓ 11. Anti sterility vitamin *	1/1
Vitamin E	✓
Vitamin C	
Vitamin B6	
Vitamin B9	

12. Osteomalacia is due to the deficiency of *	1/1
Vitamin A	
Vitamin B	
Vitamin C	
Vitamin D	✓
✓ 13. Which vitamin is used as hormone *	1/1
Vitamin E	✓
Vitamin D	
Vitamin C	
O Vitamin K	
14. Which vitamin is known as coagulation vitamin *	1/1
Vitamin A	
Vitamin C	
Vitamin K	✓
Vitamin E	

15. Scientific name of Vitamin K *	1/1
Pyridoxine	
Phylloquinone	✓
Tocoferol	
O Pantothenic acid	
✓ 16. Deficiency of Vitamin K *	1/1
Hemarage	~
Hemophelia	
Paresthesia	
Aneamia	
✓ 17. Megaloblastic aneamia is due to the deficiency of *	1/1
Vitamin C	
Vitamin B2	
Vitamin B9	~
Vitamin B12	

✓ 18. Which vitamin is used in Elisa test? *	1/1
Vitamin K	
Vitamin B5	
Vitamin B7	~
Vitamin B12	
19. Study of Nutrition *	1/1
Topology	
Trophology	✓
Trychology	
phrenology	
✓ 20. World health day? *	1/1
January 3	
October 16	
may 11	
April 7	✓

21. National institute of nutrition? *	1/1
Banglur	
Mysoor	
Hyderabad	✓
New Delhi	
22. Which test is used to determine carbohydrate? *	1/1
Nitrate test	
o lodine test	✓
benedict test	
brown ring test	
✓ 23. 1gm of protein release energy *	1/1
4.1 cal	
4 cal	✓
9 cal	
9.1 cal	



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